

**Appendix E-2.19: Low Density Lipoprotein Cholesterol (LDL-C) ≥ 160 and Triglycerides ≥ 200 , NHANES 2009-2012^{1,2}
 Adults 20 y and over, age adjusted**

	<i>LDL-C ≥ 160</i>		<i>Triglycerides ≥ 200</i>	
	<i>Sample Size</i>	<i>%</i>	<i>SE</i>	<i>SE</i>
20 y and over, total	4745	10.2	0.5	0.8
Men	2286	9.7	0.7	1.1
Women	2459	10.5	0.6	0.8
Age, y				
20-39 y	1591	7	0.7	1
40-59 y	1619	13.7	1.1	1.3
≥ 60 y	1535	10.1	1	1.3
Race-Hispanic origin³				
Non-Hispanic white	2046	10	0.8	1.1
Non-Hispanic black	934	10.7	0.9	0.8
Hispanic	1244	10.4	1	1.1
Body Mass index⁴ (BMI) kg/m²				
18.5-24.9 kg/m ²	1321	8	0.8	0.7
25-29.9 kg/m ²	1548	12	1.2	0.8
≥ 30 kg/m ²	1751	11.2	0.8	1.6
Waist Circumference (cm)				
Men ≤ 102 cm, Women	2046	8	0.9	0.8
Men > 102 cm, Women	2553	12.1	0.9	1.3
Race-Hispanic origin by gender³				
Men, Non-Hispanic whi	989	9	1	1.4
Men, Non-Hispanic blac	429	10.5	1.1	1.2
Men, Hispanic	603	12.7	1.4	1.5
Women, Non-Hispanic	1057	10.7	1	1
Women, Non-Hispanic l	505	10.8	1.6	0.9
Women, Hispanic	641	7.8	1	1.2
BMI⁴ kg/m² by gender				
Men, 18.5-24.9 kg/m ²	608	8.3	1.3	1.4
Men, 25-29.9 kg/m ²	839	11	1.5	1.4
Men, ≥ 30 kg/m ²	786	10.2	1.1	1.9
Women, 18.5-24.9 kg/n	713	7.7	0.9	0.7
Women, 25-29.9 kg/m ²	709	12.8	1.5	1.1
Women, ≥ 30 kg/m ²	965	11.9	1.2	1.9
Waist circumference, cm by gender				
Men ≤ 102 cm	1264	9.3	0.9	1.2
Men > 102 cm	959	11	1.3	2
Women ≤ 88 cm	782	5.9	1.2	0.6
Women > 88 cm	1594	12.8	0.9	1.2

1 Estimates age-adjusted to yr 2000 standard population using 3 age grps: 20–39 yrs, 40-59 yrs, 60 yrs+, and weighted.

2 All pregnant women excluded from analysis.

3 Participants with race-Hispanic origin categorized as “other” included in overall estimates but not separately reported.

4 Body mass index (BMI) calculated as weight in kilograms divided by height in meters squared, rounded to one decimal place. Participants with BM < 18.5 included in overall estimates but not separately reported.

DATA SOURCE: National Health and Nutrition Examination Survey (NHANES) 2009-2012.

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